

2006 IRONMAN MEDICAL REPORT

Total med tent visits: 243

Athletes: 238

Non-athletes: 5

Total seen in triage: 363 (5 recorded sent to medical)

Hospital transports:

- 1) 55M: ingested salt water during swim. DNF in swim, pulled out by officials. Presented to med tent with nausea and slurred speech, ? altered LOC. Labs normal. Sent to Kona Hospital via EMS @ 1030 (CVA vs near drowning). Discharged after negative CT scan and CXR positive for mild LLL atelectasis. Disch dx: near drowning episode.
- 2) 36F: Picked up by medical van on bike course w/ confusion and repetitive questioning, unclear cause. Contusion near L eye noted. Labs normal. To Kona Hospital via EMS @ 1520. CT scan negative. Treated and released. Disch dx: Heat exhaustion and altered LOC/ resolved.
- 3) 35M: Aspirated salt water during swim, began to have difficulty breathing during run. Finished race, dx w/pulmonary edema in med tent. Labs normal. Given lasix and ASA in med tent. To Kona Hospital via EMS @ 1900. Initial SaO2 90% RA on arrival in ER. Did well but admitted overnight. Had additional 20mg lasix in ER. CXR showed diffuse pulm edema. Discharged next AM.
- 4) 57M: A-fib w/rapid rate. Finished race, felt heart racing. A-fib dx in med tent, rate >120. Hx of A-fib in past, on Toprol and ASA. Sent to Kona Hospital via EMS @ 2330. Discharged at 0230 w/spontaneous resolution of A-fib.
- 5) 34M: Finished race, felt dizzy and nauseated. Passed out in hotel rm. Brought to med tent, Na+ 125. Had 100cc 3% NS and 650cc NS, Zofran and reglan in med tent. ? wt same as at beginning of race, 7lb. more than at registration. Remained nauseated and feeling poorly. To Kona Hospital via EMS @ 0015. Na+ 124 in ER. Improved and discharged @ 0230. Dx: fluid and elect. Imbalance.

Significant incidents:

- Male stung by man-o-war in swim, DNF. Treated for difficulty breathing, hypotension, possible allergic reaction at T2. Transferred to main med tent. Eventually improved and released.
- Bystander/volunteer, 58F: Laceration to forehead after falling from rock wall. Extremely intoxicated, altered. Sent to Kona Hospital by EMS @ 2212. Treated and released.

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